



Total No. of Printed Pages – 1

**SS/PBN-I/N&D/01-23**

**2 0 2 3**

(January)

**NUTRITION & DIETETICS**

*Full Marks : 35*

*Time : 2 hours*

*The figures in the margin indicate full marks  
for the questions*

1. Define Balance Diet? Write its principles & steps? 2+3+5=10

OR

- Name the water-soluble vitamin? Write the sources and function of vitamin C? 2+3+5=10
2. Write the therapeutic diet of the following diseases: 2x5=10  
(any two)
  - (a) Diabetes Mellitus.
  - (b) Fever.
  - (c) Underweight
  - (d) Dehydration
3. Write short notes on: (any three) 3x5=15
  - (a) Weaning
  - (b) Nutritional requirement during lactation.
  - (c) Mid-day Meal Program,
  - (d) Liquid Diet
  - (e) Anthropometric measurement

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