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SS/PBN-1/ND/08-19

**Post Basic B.Sc Nursing 1st Year Exam.,
August—2019**

NUTRITION AND DIETETICS

Full Marks : 35

Time : 2 hours

*The figures in the margin indicate full marks
for the questions*

Answer **all** questions

1. Define nutritional status. What are the different methods of finding nutritional assessment of an individual? Explain any one method. 2+3+5=10

Or

Explain in brief supplementary feeding. Make a list of foods to be included in supplementary feeding. Write the feeding problem of infant. 5+2+3=10

2. Write the therapeutic diet of the following diseases (any *two*) : 5×2=10
- (a) Chronic renal failure
 - (b) Fever
 - (c) Diabetes mellitus
 - (d) Post-operative stage

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(Turn Over)

(2)

3. Write short notes on any *three* of the following : 5×3=15

- (a) Bland diet
- (b) IDD
- (c) Diet during pregnancy
- (d) Function and deficiency of vitamin C
- (e) Balanced diet

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