

2013

( June )



NUTRITION & DIETETICS

Full Marks : 35

Time : 2 hours

The figures in the margin indicate full marks for the questions

Answer all questions

1. Write short notes on (any three):

5 × 3 = 15

- (a) Pellagra
- (b) Bland diet
- (c) Function of proteins in the diet
- (d) IDD
- (e) Pernicious Anaemia

2. What is the energy and protein requirement for you? Write down the nutritional requirements for a pregnant woman?

2 + 8 = 10

1 gm/kg<sup>1</sup>

3. State the normal blood calcium level. Describe the source and functions of calcium in the body.

2 + 2 + 6 = 10

Or,

Discuss the measures to be adopted for prevention of malnutrition in the community of our country.

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